

■■■■Head & Face■■■■

English	日本語	Example Sentence
forehead	ひたい	My forehead is hot.
temple	こめかみ	He has pain in his temples.
cheek	ほお	There ' s redness on her cheek.
jaw	あご	His jaw is sore.
chin	あごの先	She touched her chin.
scalp	頭皮	Her scalp is itchy.
nostril	鼻の穴	He has something in his nostril.
eyelid	まぶた	Her eyelid is swollen.
ear canal	耳の穴	I ' ll check your ear canal.
earlobe	耳たぶ	Her earlobe is red.
mustache	口ひげ	He has a mustache.
eye discharge	目やに	He has discharge in his eye.

■■■■■Chest & Abdomen■■■■■

English	日本語	Example Sentence
chest	胸	She felt pain in her chest.
sternum	胸骨	There's pressure on the sternum.
ribs	あばら骨	There ' s a bruise near the ribs.
abdomen	おなか	He has abdominal pain.
belly button / navel	へそ	The area around the navel is swollen.
flank	わき腹	Pain in the flank area.
armpit	わき	Let me clean your armpit.
under the breast	胸の下	Rash under the breast.
groin	鼠径部	Pain in the groin.
bladder area	膀胱のあたり	Pressure in the bladder area.
back	背中	Her back is sore.
nape of the neck	首の後ろ	Check the nape of the neck.
lower back / waist	腰	He has pain in his lower back.
nape	うなじ	There ' s sweat on her nape.

■■Upper Limbs■ ■■■

English	日本語	Example Sentence
shoulder	肩	Her shoulder is stiff.
upper arm	上腕	He has a bruise on his upper arm.
elbow	ひじ	Please bend your elbow.
forearm	前腕	There ' s swelling in the forearm.
wrist	手首	Her wrist is swollen.
palm	手のひら	Open your palm, please.
back of the hand	手の甲	I ' ll clean the back of your hand.
finger	指	He can ' t move his fingers.
thumb	親指	Pain in his right thumb.

■■Lower Limbs■ ■■■

English	日本語	Example Sentence
thigh	太もも	Bruise on the thigh.
knee	ひざ	Please bend your knee.
shin	すね	She has a bruise on her shin.
calf	ふくらはぎ	His calf is tight.
ankle	足首	His ankle looks swollen.
heel	かかと	Her heel is dry.
sole	足の裏	Let me check the sole.
toes	つま先	Wiggle your toes, please.
big toe	足の親指	Pain in the big toe.
arch	土踏まず	There ' s soreness in the arch.